

# About QWWC

Tasha Perez, Chief Practitioner and Owner of Quiet Waters Wellness Center aspires to help others achieve their goal of an improved lifestyle through health and wellness. Here at Quiet Waters, we believe that includes ones mental health, emotional well-being, physical health, and spiritual health. We begin with acupuncture along with other methods as a means to restore and maintain health.

## Office Hours

BY APPOINTMENT ONLY

### Acupuncture

- Mon-Fri by appointment only  
Call 239-246-6622

### Massage Therapy - **Bonita Only**

- Mon-Fri by appointment only  
Call **Laura** at 239-565-9149  
Call **Kelly** at 734-417-0908

Now servicing  
Cocoa and the  
Southwest Florida  
Communities.

Licensed  
Acupuncturist and  
Massage Therapists  
within

MM#42195 AP#3901  
MA#32040 MA#52838 MA#70421



Quiet Waters  
WELLNESS CENTER

234 Willard Street  
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Cocoa, FL 32922

28140 Bonita Crossings Blvd  
Suite 215  
Bonita Springs, FL 34135

(239) 246-6622

qwaterswellness@gmail.com  
www.quietwaterswellness.com

Kelly Gibbons, LMT



Laura Bosco, LMT



Dr. Tasha Perez

## Why Choose Us?

We provide high-quality service handled by expert practitioners. To support our service, we utilize the most recent medical technologies. We have years of experience in serving various clients offer affordable prices. Be sure to ask us about our package deals.

# Services

## Acupuncture

**Dr. Tasha Perez** is an NCCAOM nationally board-certified licensed acupuncturist; knowledgeable in Oriental medicine. She combines the East and West therapies to bring an authentic experience of health and well-being to her clients.

## Massage Therapy

**Laura Bosco** is a licensed massage therapist who describes her treatment style as therapeutic. She incorporates different techniques such as cupping, myofascial release, sports massage, pregnancy, and deep tissue.

**Kelly Gibbons**, is certified in myofascial, neuromuscular, Ashi-Thai, & sports massage. She has been trained in reflexology, Graston, trigger point therapy, & active release. Every treatment is customized to help you reach your wellness goals. Veterans & active military may enjoy 10% off of their treatment. Thank you for your service!

**Be happier by taking care of your health with us**

## Pricing

### Acupuncture

- \$175 Initial Consultation
- \$105 Acupuncture
- \$176 60 min Acussage
- \$248 90 min Acussage

Acupuncture can also include different treatment modalities, such as:

- Cupping
- Gua Sha
- Moxibustion
- Tui Na

### Massage Therapy

- \$120 Deep Tissue
- \$110 Therapeutic
- \$95 Relaxation