

# About QWWC

Tasha Perez, Chief Practitioner and Owner of Quiet Waters Wellness Center aspires to help others achieve their goal of an improved lifestyle through health and wellness. Here at Quiet Waters, we believe that includes ones mental health, emotional well-being, physical health, and spiritual health. We begin with acupuncture along with other methods as a means to restore and maintain health.

# Office Hours

- Acupuncture -  
Monday/Wednesday 9 AM - 5 PM  
Tuesday/Thursday 9 AM - 7 PM  
Call 239-246-6622
- Massage Therapy -  
Mon-Fri by appointment only  
Call 239-565-9149
- NES/BioEnergetix -  
Fridays by appointment only  
Call 215-872-2429

**Servicing Bonita Springs, North Naples, Estero and surrounding areas.**

**Licensed Acupuncturist, Massage Therapist and BioEnergetix Consultant within**

MM#42195 AP#3901  
MA#32040 MA#52838



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qwaterswellness@gmail.com  
www.quietwaterswellness.com



Laura Bosco, LMT



Dr. Sherri Zaffrin



Dr. Tasha Perez

## Pricing

### Acupuncture

- \$160 Initial Consultation
- \$100 Follow up appointment
- \$176 60 min Acussage
- \$248 90 min Acussage
- \$66 Cupping (30 min)

### Massage Therapy

- \$110 Deep Tissue
- \$110 Therapeutic
- \$95 Relaxation

### BioEnergetix Wellness

- \$65 Reflexology
- \$70 Ionic Foot Bath
- \$250 NES Health Scan
- \$99 Follow up Scans

## Why Choose Us?

We provide high-quality service handled by expert practitioners. To support our service, we utilize the most recent medical technologies. We have years of experience in serving various clients offer affordable prices. Be sure to ask us about our package deals.

## Services

### Acupuncture

**Dr. Tasha Perez** is an NCCAOM nationally board-certified licensed acupuncturist; knowledgeable in Oriental medicine. She combines the East and West therapies to bring an authentic experience of health and well-being to her clients.

### Massage Therapy

**Laura Bosco** is a licensed massage therapist who describes her treatment style as therapeutic. She incorporates different techniques such as cupping, myofascial release, sports massage, pregnancy, and deep tissue.

### BioEnergetix Wellness

**Dr. Sherri Zaffrin**, retired chiropractor, offers iconic foot-baths and reflexology. An NES Health consultant, she offers non-invasive testing that returns a detailed overview of your physiological systems for in-depth treatment options.

**Be happier by taking care of your health with us**